rmcacs.org

# New Mountain Classical Academy LEVINER ROCKY MOUNTAIN CLASSICAL ACADEMY ENVIRONMENT OF THE RESERVE ACADEMY ROCKY MOUNTAIN CLASSICAL ACADEMY ACADEMY AND ACA

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**Front Office Hours:** 

7:30am— 4:00pm

**Attendance E-mail:** 

Nancetta Westcott <a href="mailto:nwestcott@rmcacs.org">nwestcott@rmcacs.org</a>

Front Office: 719-622-8000

Fax: 719-622-8004

Good Afternoon RMCA Community,

What a great week we have had. CMAS week was a huge success. I thank you all for your support in getting your students here for their tests. Eight Graders take the Science CMAS next week and then will be done with state assessments. During this hard year, it has been incredible to see us come together and get this done for the school.

While we had a tough week with multiple exclusions, the week has seen changes in COVID restrictions from El Paso County. I want to reiterate how remarkable our community partnership has been throughout this year. We have been able to navigate this together and continue to ensure that RMCA is the safest place for our students and staff. Please remember:

- If anyone in your household is showing possible signs of COVID symptoms, please keep students home until you are assured COVID is not an issue. We have had several students come to school over the last two weeks that have been asymptomatic with symptomatic households that have eventually resulted in exclusions. Please err on the side of caution.
- Please continue to keep a vigilant watch over your students and any possible symptoms of
  illness, so that we can continue to keep all kids safe. Please follow all symptom checks prior to
  school every day.
- As guidelines in El Paso County are changing, please be on the lookout over the next several weeks on updates to our policies and upcoming events (graduation, assemblies, field day, etc.)

This is such an important point in the year for us. We have been battling back the restrictions and hardships that COVID has placed on us and been doing a great job. We are turning our attention to next year as well. We are still enrolling students for next year and will be holding our next **Prospective Student Night on Tuesday April 20**<sup>th</sup>. Please share with your friends and neighbors.

Our teachers have provided amazing instruction and support in both our in person and remote settings. I am so proud to watch their work every day. Pleases take some time and send a shootout to our teachers through their email or the <a href="mailto:shoutout@rmcacs.org">shoutout@rmcacs.org</a> address.

As we are continuing to offer the best in-person learning please remember that students should be getting as much time on LEXIA and ST Math as possible at home. Focus on large chunks of time 1 or 2 times a week on these platforms as opposed to small time frames multiple times a week.

I thank you again for all the support. Let us keep our momentum going. Stay warm this weekend.

Principal Mac



# About RMCA

# Our Vision

Creating culturally literate citizens who will impact their world for life, liberty, and justice.

# Our Mission

Rocky Mountain Classical Academy exists to support parents in developing citizens and characters who are equipped with a strong knowledge base and academic skills. The basis of this development is rooted in an academically rigorous, content-rich, classical educational program with Core Knowledge emphasis.





# RMCA Captures Kids Hearts

Genuinely engaging our students is a pillar within the CKH program. There are several things we accomplish by implementing this step: we start the day with a positive greeting, affirm each students, welcome students into our class, and give them our full attention, first thing.

# mportant Reminders

# Uniforms

Uniforms make it easier for students to focus in class and promote a safe student culture not focused on style, brands, and fashion trends. Please make sure your student's shorts and skirts are long enough to meet the uniform policy guidelines. Shorts and skirts should be no shorter than 2" above the knee when sitting. You may use this link for further information on the RMCA Uniform Policy. Students may "dress up" on occasions when special events are scheduled, ie: music programs, game days for athletes, picture days, etc. Rules for modesty and dress code still apply on these days. Skirts must be of school appropriate length, no strapless or spaghetti strapped tops, no tight or lowcut clothing, no heels greater than 1", etc. Thank you for helping us by having your child follow this policy!









# Cell Phones -

Students need to have their cell phones and turned off and put in their backpacks before they enter the building in the morning. If students have their cell phones out of their backpacks the phone will be sent to the office. Smart watches may be worn if used as watches. If smart watches are used to take pictures, record, text, or place a phone call they will be taken to the office. Parents will be called and will need to pick the phone or smart watch up from the front office.

### Water Bottles<sup>.</sup>

Please send your child with a water bottle each day. The drinking fountains have been turned off and covered for student safety. We have a touchless water bottle filling station available near the gym if students need to refill their water bottle through the day. Parents have donated some water bottles for students who have forgotten to bring one.

### Masks

We will continue to follow the state recommendations for students and staff members on wearing masks and facial coverings. Students ten and younger may wear masks and facial coverings. Students eleven years and older and staff members must wear masks or a facial covering. We ask that students wear masks and facial coverings without words or images that could be scary for our younger students.



### Cold Weather-

Colorado is known for its crazy weather!
Be sure to watch the weather forecast
and send warm coats for students on
colder days. If it is too cold we will keep
students in for inside recess, but want to
give kids the opportunity to be outside
and get their wiggles out as much as possible.

# Important Reminder

### Family Night

We will have our Prospective Student/Family Night on **Tuesday, April 20th from 5:30-7:00pm**. You will be able to meet some of our teachers and administrators, tour the school, and learn more about RMCA at this event.

#### Email Us

If you have any questions or concerns, please email info@rmcacs.org.

### Attendance

If your child will be absent, the best way to notify the school is to e-mail Nancetta at <a href="mailto:nwestcott@rmcacs.org">nwestcott@rmcacs.org</a>. You may also call the school and press #1 to reach the attendance line.

If your child has to be out of school for a COVID-19 related absence, you can contact your child's teacher for daily work. If your child is keeping up with their daily work and you are communicating with the teacher on a daily basis, the absences will not count against your child's total number of absences. This can apply if your child has to be out of school for a COVID-19 exposure or if they test positive for COVID-19 and are able to do school work.

### Preschool

RMCA is currently enrolling Fall Preschool and Kindergarten Summer Camp from ages 3 to 6! Please contact Melissa at mcornelius principles or 719-550-5440 for registration information, or check out of website: www.rmcacsgarlyeducation.org.

THE FRONT OFFICE NEEDS

# WATER BOTTLE Donations

#### **WHAT TO BRING:**

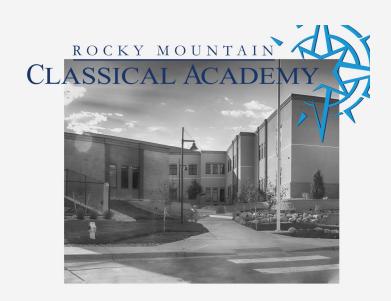
- **✓ Donated item(s)**
- Receipt(s)
- √ Hours will be logged accordingly
- ONE CASE OF WATER
  ONE VOLUNTEER HOUR



You must
complete an
application
to volunteer
or to receive
volunteer hours!

**APPLY HERE** 

\*Due to COVID-19, please contact your student's teacher for work-at-home projects



Join RMCA teachers and staff for a night of conversation and tours

# Prospective Student Night

April 20, 2021 5:30–7:00pm

**4620 Antelope Ridge Drive** 

Get to know teachers, experience the curriculum, hear about the mission and vision of RMCA.

Enrolling Now



# May 10th-14th - 9am-2pm

### SANDSTONE PARK

Kindergarten: Monday, May 10th 1st & 2nd Grade: Tuesday, May 11th 3rd Grade: Wednesday, May 12th 4th Grade: Thursday, May 13th 5th Grade: Friday, May 14th

**3**, **3** 

# PTO has agreed to pay for a full package for all students to participate in Field Day this year!

We still need you to fill out the online registration to complete our Parent Consent Form. You can also sign up to volunteer and pay for extras through this form. *Anyone who already paid will be contacted about a refund.* Thank you for your patience and support through this process.



# **TRANSPORTATION**

The students will be bussed over to the park and then back to school at the end of the day

# FOOD

Each student will receive a Hot Dog Meal, which consists of a hot dog, chips, & a drink. They will also get a Dairy Queen treat

### PRE-REGISTRATION

All students need to preregister in order to participate
in Field Day this year. Parents
can purchase an extra Hot Dog
Meal through our shop
The deadline to
register is May 3rd

# Click here to register your student & also sign up to volunteer\*

\*For those that sign up to volunteer, there will be an informational meeting on *Friday, May 7th* via Zoom. We will send out more information in an email.

Questions? EMAIL MR. HUMPHREY AT thumphery@rmcacs.org







# El Paso County Rental Assistance Program

El Paso County Rental Assistance Program

01

What is it?
A program for Colorado citizens where eligible applicants can receive rental assistance now and for past payments. See Program Guidelines here.

02

Who is eligible?
Colorado renters who
have experienced
financial hardship related
directly or indirectly to
COVID or renters who are
at risk of homelessness.

03

How do I apply?
Coordinate with your
landlord. You can apply
for past unpaid rent and
future rent. Click on the
link provided below.

04

Important Helpful Information Call 1-888-480-0066 for assistance or go to the <u>ERAP</u> website.











Is your student interested in the Band Program next year? Band is a full commitment and will replace students' Music & PE Encore classes. Students will need their own band instrument and will be expected to practice at home. Please see the pre-registration link below about options to acquire an instrument.

The deadline to register has been extended to Friday, April 30th.

2021-2022 Pre-Registration Form

Contact Smitty with questions dsmith@rmcacs.org

# Attention: Middle School Students

PLEASE DON'T FORGET...



TO BRING YOUR
WATER BOTTLE
& Mask
TO SCHOOL



Color Run Fundraising is open now until April 22nd!
Register & share the link with friends and family:

fundraisercart.com/rmcaruns

WIN prizes and earn funds for your school...

Then join us at RMCA on May 15th for our First Annual Color Fun Run & get blasted with color!

\$15 donation & earn
your shirt and Color Pack!





\$15 T-shirt



\$90 Cell Phone Disco Light



\$30 Finger Lights



\$120 Flashing Color Bubble Blaster



\$45 Flashing Slime



\$150 Ear Pods



\$60 Light Up Sling Shot Rocket



\$300 Party Bluetooth Light



\$75 Light Up Glasses



\$500 Groovy Lamp

\*Prizes are cumulative. You earn the prize shown when you reach that donation level. Earn up to 10 PRIZES! They will be distributed before Race Day in class.



Earn up to 3 Color Packs to use at the Run when you hit \$15, \$30 and \$45 donation level!

# Receive a band for each donation level you reach!!!







Email pto@rmcacs.org for questions











website

# Pikes Peak Regional Wath Week

April 19-23, 2021

A full week of family time with stories, games, and math activities in English and Spanish for families with students in K-5.

mindresearch.org/pikespeak-math-week















sitio web

# semana matemática le Pikes Peak Regional

19 al 23 de abril de 2021

Una semana llena de tiempo familiar, cuentos, juegos, y actividades matemáticas en Español e inglés para familias con estudiantes de grados K-5.

mindresearch.org/pikespeak-math-week







# My Kid's Lunch

# FREE CHILD MEALS!

Extra Milk \$.60 Lunch \$2.95 Breakfast \$3.00 Adults \$3.70

All meals are FREE to students until the end of the school year. At RMCA, we are invested in our students' health and are committed to offer healthy food to our students.

Monday	Tuesday	Wednesday	Thursday	Friday
4/19	4/20	4/21	4/22	4/23
Cinnamon Raisin Bagel Cream Cheese	French Toast, Syrup 100% Juice	Vanilla Yogurt Honey Granola Blueberries	Cereal 100% Juice	Professional
Whole Apple	Penne Pasta &	Chicken Tenders	Beef Soft Tacos,	Development Day
Tangy BBQ Chicken Sandwich Wheat Bun Fruit Cup	Meatballs in Marinara Steamed Green Beans Peach Crisp	BBQ Sauce Buttermilk Bis- cuit Steamed Corn Fresh Banana	Tortilla, Salsa Cheddar Cheese, Refried Beans Whole Fruit	NO STUDENTS
Steamed Peas				WATURAL OF THE PARTY OF THE PAR



FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

# SUMMER

### YMCA SUMMER DAY CAMP

Ages 5 - 12

Camp starts on May 24, 2021. We will have weekly sessions running through August 13, 2021.

#### TIME

6:30 a.m. - 6:00 p.m.

Registration Fee (one-time) \$50 per child

**Weekly Day Camp Fee** 

Full Week - Members Full Week - Nonmembers \$220 \$250

3 Day Option - Choose your 3 days!

Available at Tri-Lakes only

\$155/week Members Nonmembers \$185/week

#### LOCATIONS

- Briargate YMCA
- Tri-Lakes YMCA / Lewis Palmer Elementary School
- Southeast YMCA
- Downtown / central locations will be announced soon!

Join us for one week or all summer long!

Learn more at ppymca.org/daycamp

YMCA OF THE PIKES PEAK REGION

Financial Assistance Available • CCCAP Accepted





# Help Us Keep Our School Open for In-Person Learning: Become a Sub!

With substitute teacher shortages, rising cases in the community and quarantines among our staff, our school is stretched thin. We need your help! Become a sub and keep our school open for in-person learning! Just as you use on-demand apps to rent vacation homes or to set up a ride, we request substitutes using Tagg. Tagg is a Colorado Springs based platform that connects schools with local substitutes offering their services. Think of it like Uber for education. Tagg enables you to start subbing in you child's classroom in just a week as an independent contractor!

# Accept Jobs Cover Classes Get Paid

#### Why Create a Tagg Profile?

- Easy to sign up
- No sub license required
- Choose when to work
- Sub just at our school or sub at many schools
- Make between \$90-\$130 a day
- Help us stay open!

#### **How to Get Setup**

- 1 Create your substitute profile at subs.taggeducation.com/register
- 2 A team member will provide details to help you complete a background check (required without a license) and e-sign sub documents
- 3 Start subbing!

# COVID-19: Information for Families

# Stay Safe, Stay Well, With These Helpful Reminders

- ▶ Wash your hands often or use hand sanitizer if soap and water are not available. Yes, even when you are at home!
- Avoid being around people that don't live in your house. Many people get sick being around people that they know. Limit contact to 15 minutes or less.
- ► Continue with social distancing (6 feet), just like at school.
- ▶ Wear a mask when you leave home, and when you are around people that don't live in your house.
- ▶ Help out with cleaning at home disinfect items that others might touch, such as counter tops, tables, door knobs, light switches, handles and drawer pulls, toys, personal items, and surfaces in the car too.
- Don't share eating utensils, cups or glasses, or drink containers such as water bottles or juice boxes.
- Open windows at home when the weather is good. Fresh air is important.
- Consider getting a flu shot soon contact your medical provider for information.

#### **Monitor Your Whole Family for Symptoms Daily:**

- Monitor all family members for fever or other symptoms of illness, while at home or before leaving home. Take everyone's temperature with a reliable thermometer.
- If your student has any symptoms (even one symptom), they should not be going to the school, to small group instruction, or to special services for any reason. Notify the school immediately and keep your child at home.
- Any of the symptoms listed are possibly COVID-19. It is not possible to tell the difference between COVID and any other illness such as a cold, the flu, seasonal allergies or other illness, without a COVID PCR test. Some people have COVID and have only Minor Symptoms. Some people don't have any symptoms and still test positive for COVID. You might not know if someone has COVID or does not have COVID.
- Symptoms of COVID can appear 2 to 14 days after exposure to the virus. A COVID positive person can share the virus 2 days (48 hours) before they have any symptoms.

COVID-19 Symptoms				
CRITICAL SYMPTOM	MAJOR SYMPTOMS	MINOR SYMPTOMS		
Loss of taste or smell	Feeling feverish,     having chills, temp of 100.4F or more     New or unexplained     persistent cough     New or unexplained shortness of breath or difficulty breathing	Sore throat Runny nose or congestion Muscle or body aches Headache Fatigue Nausea, vomiting Diarrhea		

EMERGENCY COVID-19 WARNING SIGNS include: trouble breathing, persistent pain or pressure in the chest, new confusion, inability to wake or stay awake, bluish lips or face. Seek medical attention immediately by calling 911.

This list is not all-inclusive for Major, Minor, or Emergency Symptoms. Please consult your medical provider for any other symptoms that are severe or concerning. Your medical provider may want to discuss evaluation, testing or have other directions for you.

#### If Anyone in the Home has any Symptoms or is Sick:

**Stay home!** Avoid being around others. If symptoms last longer than 24-48 hours, contact your medical provider. www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/care-for-someone.html

#### Where to get tested for COVID-19:

- www.ElPasoCountyHealth.org/covid-19-testing-information
- ► A PCR test is best. A rapid test for COVID-19 is only treated as accurate if it is a positive result. A rapid test might be negative because it's done too soon or too late to detect COVID. A PCR sample is sent to a lab for results.
- ▶ If there are no symptoms, it may be too soon to tell if COVID is present or not.
- ▶ It may take several days to get results back. While you wait, stay home and monitor symptoms. Avoid others.
- ▶ If anyone in the home has been tested for COVID, or has symptoms, it is best that everyone in the home stays home and waits for the test results. Or, separate the sick person from others as much as possible while waiting.

#### If Anyone in the Home Tests Positive for COVID-19:

- ▶ Please notify the school, or school nurse.
- Even if we are E-learning, it is very important that we accurately keep track of the number of cases in our community and those cases associated with our district buildings.
- ▶ If someone in the home is positive for COVID, everyone in the home must stay home and isolate or quarantine also. The decision for the exposed household members to isolate for 10 days, or quarantine for 14 days, is dependent on several factors
- ▶ Please contact the school nurse for more guidance. The school nurse can provide you with information that you need to care for your family and protect the community.

For further guidance, contact your medical provider, El Paso County Public Health, or your school nurse.

This information provided by District 49 Nursing Services

### If you were advised to go into Isolation or Quarantine, would you know what to do? www.cdc.gov/coronavirus/2019-ncov/downloads/COVID-19-Quarantine-vs-Isolation.pdf

- Isolation keeps someone who is infected with the virus away from others, even in their own home.
- How long is Isolation? 10 days to monitor for other symptoms and recover. Isolation is only 10 days, because you may have already had the virus 2-4 days before symptoms appear. Stay home and only go out if medically necessary.
- Quarantine keeps someone who might have been exposed to the virus away from others. It helps prevent spread of disease that can occur before a person knows they are sick or if they are infected with the virus without feeling symptoms.
- People in quarantine should stay home, separate themselves from others, monitor their health, and follow directions from their state or local health department. Stay home and only go out if medically necessary.
- How long is Quarantine? 14 days to monitor for any symptoms. It takes 2-4 days after being around someone sick with COVID for symptoms to appear if you are infected.
- If you have been around someone who has COVID, you will be advised to Quarantine. If symptoms start during Quarantine when you have been around someone with COVID, you will need to start your own 10-day Isolation to monitor for other symptoms and to recover.
- Note: If quarantine begins at noon on Day 1, it ends at noon on the last day.

www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html

#### References

- ♦ www.elpasocountyhealth.org ♦ https://covid19.colorado.gov
- ♦ www.cdc.gov ♦ https://covid19.colorado.gov/cases-and-outbreaks-child-care-schools





Make a Report. Make a Difference.



1-877-542-7233



Anonymously report anything that concerns or threatens you, your friends, your family or your community.

We are open 24/7, 365 to take reports.

**Parents** are key players in creating safer schools and communities. Safe2Tell Colorado provides the only anonymous way for students, parents and community members to report unsafe and risky behaviors before they grow out of control. Each year, Safe2Tell Colorado receives thousands of reports on bullying, cyber-bullying, suicide threats, mental health concerns, child abuse, substance abuse, violence, planned school attacks, and other concerning behaviors. Each concern reported to Safe2Tell Colorado allows for caring, concerned adults to effectively intervene in the life of a child or youth who is struggling.

Safe2Tell Colorado wants everyone to know - telling isn't "snitching." Telling is when you need to keep yourself or someone you know safe from threats, harmful behaviors or dangerous situations. Not sure if you should use Safe2Tell? If you don't, who will?

We need your help to improve your school and community. By calling, you can help stop a friend from committing suicide, get another student off drugs, or stop a bully from making other people miserable. If you have information about the following topics, please call.

To make a report, call 1-877-542-7233 from anywhere, 24 hours a day, seven days a week. The call is free. You may also make a report by clicking on the yellow conversation box adjacent to this paragraph that reads Submit a Tip or download the Safe2Tell mobile app on the <a href="Apple App Store">Apple App Store</a> or <a href="Google">Google</a> Play. Remember, your identity is safe. No one will ask for your name or number. There is no caller id., no call tracing, no call recording and no call forwarding. We only want to hear your concern and try to help.

The anonymity of all Safe2Tell Colorado reports is protected by C.R.S. 07-197. This means the reporting party remains UNKNOWN by Colorado State Law.

#### My Kid's Lunch



# FREE BREAKFAST & LUNCH FOR ALL CHILDREN AGES 1-18

Sundays from 10:30 to 11:30am	Sundays from 12:30pm to 2pm
NUEVA VIDA CHURCH	BY GRACE COMMUNITY CENTER
801 N. Circle Drive COS, CO 80909	737 Dale Street Fountain, CO 80817

7 days Breakfast & Lunch w/gallon milk per child